

The Antique Pattern Library

For more information, please see our website at:

<http://www.antiquepatternlibrary.org>



This is a scan of an antique book that is, to the best of our knowledge, in the public domain. The scan itself has been photo-edited for readability, and is licensed under the **Creative Commons** Attribution-NonCommercial-ShareAlike License. To view a copy of this license, visit <http://creativecommons.org/licenses/by-nc-sa/2.5/> or send a letter to Creative Commons, 559 Nathan Abbott Way, Stanford, California 94305, USA.

You may share copies or printouts of this scan freely. You may not sell copies or printouts.

Donated by
American Red Cross
Hazel Braugh Records Center and Archives
Susan Robbins Watson, Archivist

11.2007



ARC 471
Rev. Feb. 1945
Code: AF-80

WALKING CAST TOE SOCK

Equipment Needed

- Yarn - 2 ozs. 4/14 sock yarn of suitable color.
Needles - Four double-pointed needles to fit the Red Cross needle gauge for socks. Gauges available from area office.

Scale - 7 stitches to the inch, 9 rows to the inch. Make a sample to find out how many stitches are required for you to knit an inch. If your scale is not the one given here, try a smaller or larger needle until you obtain this scale. If you have to use a different size needle from that called for above, it will not in any way alter the garment, provided you knit 7 stitches to the inch and 9 rows to the inch.

INSTRUCTIONS FOR MAKING

Cast on 84 stitches on 3 needles: 28 stitches on first needle, 28 stitches on second needle, and 28 stitches on third needle.

Knit 2, purl 2, for 2 inches. Knit plain for $3\frac{1}{2}$ inches. Divide stitches for opening in sole of sock, placing 42 stitches on first needle, 21 stitches on second needle, and 21 stitches on third needle.

Starting on first needle (42 stitches), knit 6. Cast off loosely 30 stitches. Knit 5. Knit plain around to the first needle. On first needle knit 6, cast on loosely 30 stitches, knit 6. Stitches are now 42 on first needle, 21 on second needle, and 21 on third needle. Knit plain for 4 inches.

Shaping for Toe

Row 1. First needle - Knit 1, slip 1, knit 1, pass slipped stitch over knit stitch. Knit to within 3 stitches of the end, knit 2 together, knit 1.

Second needle - Knit 1, slip 1, Knit 1, pass slipped stitch over knit stitch. Knit to end of the needle.

Third needle - Knit to within 3 stitches of end. Knit 2 together, knit 1.

Row 2. Knit plain for one round.

Repeat rows 1 and 2 until you have 14 stitches on first needle, 7 stitches on second, and 7 stitches on third needle. Slip 7 stitches from second needle to third needle (14 stitches on each of the two needles). Break wool, leaving 12 inches. Thread into yarn needle. Hold sock with yarn end at right of back needle. Keeping wool under knitting needles, weave front and back together as follows:

*Pass yarn needle through first stitch of front needle as if knitting and slip stitch off knitting needle.

Pass through second stitch of front needle as if purling. Leave stitch on needle.

Pass through first stitch of back needle as if purling, slip stitch off.

Pass through second stitch of back needle as if knitting, leave stitch on needle.

Repeat from* until all stitches are off needle. Run end down side of sock to avoid ridge across toe.

WALKING CAST TOE SOCK (CONT.)

NOTICE - To reinforce the corners and prevent curling, crochet loosely in slip stitch one or two rows around opening and draw the ends together by darning (this is to prevent wear from the cast wheel which is passed through the opening).

Attach two or three yards of the yarn for darning purposes.

Chapter label should be sewed loosely on inside at top of sock.

Do not tie in pairs.

Do not press ribbing.

Do not start another sock with left-over yarn.

Please return all unused yarn to chapter.

THE AMERICAN NATIONAL RED CROSS

Washington, D. C.



ARC 429
 Rev. Jan. 1945
 Code K-3 (Foreign War Relief)
 Code AF-5 (Army)
 AF-6 (Navy)
 AF-98 (Hospital)

MAN'S COAT SWEATER

Equipment Needed:

Yarn—1½ pounds 4/8 or 3/6 sweater yarn, dark navy blue, olive drab, or dark colors.

Needles—2 needles to fit Red Cross needle gauge for heavy sweaters. Gauges available from area office. Slightly smaller needles may be used for ribbing.

Buttons—7.

Scale:

5 stitches to the inch, 6 rows to the inch. Make a sample to find out how many stitches are required for you to knit an inch. If your scale is not that given here, try a smaller or larger needle until you are knitting 5 stitches to the inch and 6 rows to the inch.

Always join new yarn at end of row. Never knot or splice yarn in middle of row.

Measurements:

Medium—Chest 34-36 inches.

Large—Chest 38-40 inches.

INSTRUCTIONS FOR MAKING

<i>Body</i>	<i>Medium</i>	<i>Large</i>
<i>Back</i> —cast on	88	96 stitches
Knit 2, purl 2 for	4	4 inches
If smaller needles are used for ribbing, change to the larger sized needles and work in stockinette stitch with the exception of first and last 2 stitches in row which should be knit garter stitch to form neat underarm seam for	12	12 inches
from ribbing.		
<i>To Shape Armhole</i>		
Knit the first	9	9 stitches
and slip on stitch holder. Knit remaining stitches.		
Knit 2, purl	7	7 stitches
and slip these stitches on stitch holder. Knit 2, purl to the last 2 stitches, knit 2.		
You now have on needle	70	78 stitches
Continue in stockinette stitch with the exception of the first and last 2 stitches which should be knit garter stitch for	8	9 inches
from ribbing.		
<i>Right Shoulder</i>		
Knit	22	24 stitches
Slip remaining stitches on stitch holder.		
Knit every row (garter stitch) for 12 rows (6 ridges) on these	22	24 stitches

To Shape Neck

Medium Large

Knit stockinette stitch with the exception of last 2 stitches at armhole which should be knit garter stitch for	4	4 rows
Cast on at neck edge	18	20 stitches
Knit in stockinette stitch with the exception of 9 border stitches at center front and last 2 stitches at armhole which should be knit in garter stitch until armhole measures from garter stitch	8	9 inches
the same as back armhole, ending with a purl row. Cast on	9	9 stitches
You now have on needle	49	53 stitches
Knit in stockinette stitch with the exception of 9 border stitches at center front and last 2 stitches at armhole which should be knit in garter stitch for	12	12 inches
Knit 2, purl 2 with the exception of 9 border stitches at center front which should be continued in the garter stitch for	4	4 inches
Bind off loosely, knitting the knit stitches and purling the purled stitches.		

Left Shoulder

Slip	22	24 stitches
from stitch holder to needle for left front leaving.	26	30 stitches
on stitch holder for neck.		
Join yarn at armhole and knit 12 rows (6 ridges) ending at armhole.		
Knit 2, purl to end of row.		
Knit stockinette stitch with the exception of 2 stitches at armhole which should be knit in garter stitch for	4	4 rows
ending at neck edge.		
Cast on	18	20 stitches
<i>Front</i> —Knit in stockinette stitch with the exception of the 9 border stitches at center front and last 2 stitches at armhole which should be done in the garter stitch for	2½	2½ inches
ending with a purl row.		
Make buttonholes as follows:		
Beginning on right side of garment at front edge knit 4, bind off 4 stitches, knit to end of row. Next row, knit 2, purl to last 9 stitches, knit 2, cast on 4 stitches, knit 3. This completes buttonhole.		
Work 3 inches between buttonholes.		
(6 buttonholes in body of sweater)		
When front armhole measures from garter stitch.	8	9 inches
the same as back armhole, ending with a knit row, cast on	9	9 stitches
You now have on needle	49	53 stitches
Continue to knit in stockinette stitch with the exception of the 9 border stitches at center front and 2 stitches at underarm which should be knit in the garter stitch for	12	12 inches
Knit 2, purl 2, with the exception of the 9 border stitches which should be knit in the garter stitch for	4	4 inches
Bind off loosely, knitting the knit stitches and purling the purled stitches.		

Sleeves

Pick up and knit around armhole including stitches on stitch holder	80	90 stitches
Knit in stockinette stitch with exception of first 2 and last 2 stitches which should be knit in garter stitch for Beginning with next knit row decrease at both ends every sixth row by knitting together third and fourth stitches from ends until sleeve measures from top of sleeve at shoulder	2	2 inches
You now have on needle	18	19 inches
	48	56 stitches

	<i>Medium</i>	<i>Large</i>
Take off any extra stitches on last row before starting cuff.		
Knit 2, purl 2 for	4	4 inches
Bind off by knitting the knit stitches and purling the purlled stitches.		

Neck

Beginning with right front pick up from front of neck	18	20 stitches
Pick up from right shoulder	10	10 stitches
Slip from stitch holder at back of neck	26	30 stitches
Pick up from left shoulder	10	10 stitches
Pick up from left front	18	20 stitches
You now have on needle	82	90 stitches

Next—1st row: Knit 9, purl 2, knit 2 in ribbing to last 9 stitches, knit 9.

2nd row: Knit 9, purl 2, knit 2 in ribbing to last 9 stitches, knit 9.

3rd row: Knit 3, bind off 4 stitches for buttonhole. Knit 2, work in ribbing to last 9 stitches, knit 9.

4th row: Knit 9, purl 2, knit 2 in ribbing to last 9 stitches, knit 2, cast on 4 stitches, knit 3.

There will now be 7 buttonholes in all.

5th row: Knit 9, purl 2, knit 2 in ribbing to last 9 stitches, knit 9.

6th row: Knit 9, purl 2, knit 2 in ribbing to last 9 stitches, knit 9.

7th row: Knit 9, purl 2, knit 2 in ribbing to last 9 stitches, knit 9.

8th row: Bind off loosely, knitting the knit stitches and purling the purlled stitches.

Sew up side, armhole seams, and sleeve.

Finish buttonholes with overcast or buttonhole stitch.

Sew on buttons to match buttonholes.

Press with warm iron and damp cloth. (Do not press ribbing.)

Chapter label should be sewed inside at back of neck.

Size of sweater should be given either on chapter label or on a separate tag.

Do not start another garment with leftover yarn.

Please return all unused yarn to chapter.

THE AMERICAN NATIONAL RED CROSS
Washington, D. C.

CAP FOR BANDAGED HEAD.

Made of 1/8 of a pound of light weight khaki or light weight dark gray wool. 5 sock needles used.

On one needle cast on 30 stitches. Knit plain 52 rows or 26 ribs. You will then have an oblong 30 stitches by 26 stitches.

With 2nd needle pick up 26 stitches on the side; also pick up one stitch at each corner, making 28 stitches on the needle. With 3rd needle pick up 30 stitches; with 4th needle pick up 26 stitches, and one additional stitch at each corner, making 28 stitches on the needle.

When the stitches on the four sides are picked up and the four additional ones for the corners, there should be 30 stitches on the first and third needles, 28 stitches on the second and fourth needles, making 116 in all. Proceed then as if knitting a helmet, that is, knit 2, purl 2. Do this for 10 inches. Then bind off loosely. You will then have a loosely knitted cap for a bandaged head.

ARC 400-3F
May 1942
Code AF-60U. S. NAVY - ICELAND SWEATER
(Ribbed Pull-over with Turtle-Neck)Equipment Needed

Yarn: 30 ozs. 4/4 sweater yarn, dark navy blue, for body.
6 ozs. 4/8 sweater yarn, dark navy blue, for ribbing.
Needles: One pair No. 8 needles for body.
One pair No. 4 needles for ribbing.

INSTRUCTIONS FOR MAKING

Front: Using No. 4 needles and light wool, cast on 96 stitches.

K 1, P 1 for $5\frac{1}{2}$ inches.

Tie in extra heavy wool and change to No. 8 needles.

First row: *K1, P 1 for 8 sts., K 2 together. Repeat from * to last 2 stitches.
K 2 together. (86 sts. now on needle.)

Note: Keep pattern of ribbing even though sometimes in knitting 2 together it brings two knitted or two purled stitches together. Do this throughout the sweater in spite of increasings or decreasings.

Second row: P 1, K 1.

Third row: K 1, P 1.

Fourth row: P 1, K 1. (This gives a "popcorn" border.)

Next row: K 1, P 1.

Repeat this row until work measures $12\frac{1}{2}$ inches from beginning of heavy wool.

Cast off 3 sts. at beginning of next two rows for armholes.

Decrease 1 st. each end of needle every other row three times (74 sts. now on needle).

Work without shaping for 22 rows.

First Shoulder: K 1, P 1 for 30 sts. Turn. Work back and forth on these 30 sts. as follows:

First row: K 1, P 1 across.

Second row: K 1, P 1 to last 3 sts. P 2 together. P 1.

Third row: K 1, P 2 together. Work in pattern to end of row.

Fourth row: K 1, P 1 to last 3 sts. P 2 together. P 1.

Fifth row: K 1, P 2 together. Work in pattern to end of row.

Sixth row: K 1, P 1 to last 3 sts. P 2 together. P 1.

Seventh row: Work across in pattern without decreasing.

Eighth row: K 1, P 1 to last 3 sts. K 2 together. P 1.

Work 3 rows without shaping. Bind off these 24 stitches.

Slip first 14 sts. of remaining 44 on to stitch holder or spare needle for front of neck.

Second Shoulder: Join in wool and work on remaining 30 sts. as follows:

First row: K 1, P 1.

Second row: K 1, P 1.

Third row: K 1, K 2 together. Work in pattern to end of row.

Fourth row: Work in pattern to last 3 sts. K 2 together. P 1.

Fifth row: K 1, K 2 together. Work in pattern to end of row.

Sixth row: Work in pattern to last 3 sts. K 2 together. P 1.

Seventh row: K 1, K 2 together. Work in pattern to end of row.

Eighth row: Work in pattern across row.

Ninth row: K 1, P 2 together. Work in pattern to end of row.

Work two rows without shaping. Bind off these 24 stitches.

Back: Work the same as for front until all narrowing after casting off for armholes is completed.

Work without shaping for $6\frac{1}{2}$ inches. Bind off 26 sts. K 1, P 1 for 22 sts. Bind off remaining 26 sts.

Sleeves: Using No. 4 needles and light wool, cast on 48 stitches. K 1, P 1 for $5\frac{1}{2}$ inches. Tie in heavy wool and using No. 8 needles proceed as follows: Knit 4 *. Increase once in next stitch, knit 7. Repeat from * to last 4 sts., increase once in next stitch, K 3. (54 sts. now on needle.)

Proceed as follows:

First row: P 1, K 1.

Second row: K 1, P 1.

Third row: P 1, K 1.

Fourth row: K 1, P 1.

Repeat the 4th row, increasing one stitch at each end of needle in the following 8th row and every 6th row thereafter until there are 74 stitches on the needle.

Be especially careful to keep pattern when increasing.

Continue in ribbing (K 1, P 1) without increasing until work measures 20 inches, including cuff. Knit 2 together at each end of every row until 60 sts. remain, then cast off 2 sts. at the beginning of every row until 24 sts. remain, then cast off these 24 sts. Work another sleeve in the same manner.

With a damp cloth and warm iron press carefully. Sew up right shoulder seam only.

Collar: Using No. 4 needles and light wool, with right side of work facing, join in wool and knit up 24 sts. along the left side of neck, K 1, P 1 across the 14 sts. of the front (previously left on stitch holder) knit up 24 sts. along the right side of neck and K 1, P 1 across 22 sts. of the back (left on needle) (84 sts.) K 1, P 1 on the 84 sts. for $5\frac{1}{2}$ inches. Bind off loosely with a large needle, knitting the knit stitches and purling the purl stitches. Sew up other shoulder and collar. Sew in sleeves, matching armholes. Sew up sleeves and sides.

Chapter Label should be sewed inside the back at neck of sweater.

Do not start another garment with left-over yarn.

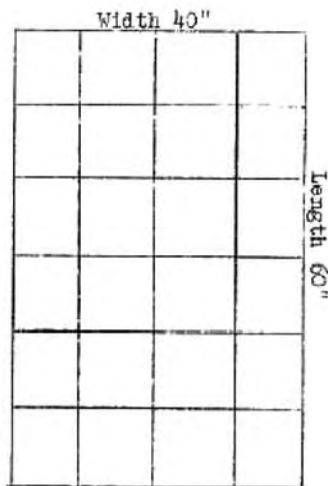
Please return all unused yarn to Chapter.

M.W.572
Revised Oct.1939

A F G H A N

(Requires 3# yarn)

The afghan should be about 40" by 60". It may be made of twenty-four squares 10" by 10" or four strips 10" by 60". The squares or strips may be made all of one color or of a combination of colors. Sometimes odd bits of yarn can be worked up every attractively.



ARC 460-5C
Rev. May 1941
Code F 13

CHILD'S SWEATER, Brooks Type (Heavy-weight yarn)



Warm clothing is one of the most desperate needs of families forced from homes, and sweaters for small refugees like the above are among the most important items.

Equipment Needed:

Yarn— $\frac{1}{2}$ to $\frac{3}{4}$ lb. 4/8 sweater yarn.

Needles—Two needles to fit the Red Cross Needle Gauge for heavy sweaters. Needles slightly smaller may be used to advantage for ribbing. Gauges available from Headquarters.

Scale:

5 stitches to the inch, 6 rows to the inch. Make a sample to find out how many stitches it requires for you to knit an inch. If your scale is not that given here, adjust the number of stitches cast on to fit your own scale. The sample of your knitting is also necessary because the yarn may vary slightly, making adjustments necessary in the number of stitches cast on.

General Instructions:

Always join new yarn at end of row. Never knot or splice yarn in middle of row.

These knitting directions are given as a guide. Other simple sweater instructions may be used so long as the garment is the proper size and of correct proportions. These instructions may be varied by using a circular needle (adjusting the directions accordingly), using four needles for making the cuffs, and other changes desired by the individual knitter, so long as the finished garment is accurate.

Measurements:

Size 4 yrs.	Chest 22 in.	Length 14 in.	Sleeve Length 12 in.
Size 6 yrs.	Chest 24 in.	Length 15 in.	Sleeve Length 13 in.
Size 8 yrs.	Chest 26 in.	Length 16 in.	Sleeve Length 14 in.
Size 10 yrs.	Chest 27 in.	Length 17 in.	Sleeve Length 15½ in.
Size 12 yrs.	Chest 30 in.	Length 18 in.	Sleeve Length 17 in.

<i>Body (Front and Back)</i>	Size 4	Size 6	Size 8	Size 10	Size 12	
Cast on	56	60	64	68	76	stitches
Knit 2, purl 2 for	2	2	2	2	2	inches
Knit in stockinette stitch (knit 1 row, purl 1 row) with the exception of the first and last stitches of each row which should be knit (garter stitch) to make a neat underarm seam, until sweater measures from beginning.	0	10	10½	11½	12½	inches
To begin armhole:						
Knit and then slip on stitch holder the first	5	5	5	5	5	stitches
Knit	46	50	54	58	66	stitches
Slip on stitch holder the last	5	5	5	5	5	stitches
Knit stockinette stitch, with the exception of the first and last stitches of row which should be worked in garter stitch, same as underarm, on remaining	46	50	54	58	66	stitches
for	8	8	9½	9½	9½	inches
ending in purled row.						12 Rows
Knit	10	12	14	15	19	stitches
Knit 2 together, knit 1. Take off on a stitch holder the remaining	33	35	37	40	44	stitches
Continue in stockinette stitch on stitches left on needle (with garter stitch border at armhole), decreasing in next 3 knit rows, by knitting together 2d and 3d stitches from neck.						
Work in garter stitch on the remaining on needle for 10 rows, or	9	11	13	14	18	stitches
ending at neck. Break off yarn.	5	5	5	5	5	ridges
Leave on the stitch holder for FRONT OF neck	20	20	20	22	22	stitches
Slip on needle the last	13	15	17	18	22	stitches
Work to correspond with first shoulder, ending at armhole. Purl back to neck. For back of neck, cast on same needle and purl stitches from 1st shoulder.	28	28	28	30	30	stitches
Work in stockinette stitch (with the exception of the garter stitch)	5	5	5½	5½	5½	inches
Cast on at each end of next row	5	5	5	5	5	stitches
Work in stockinette stitch until back measures same as front, with ribbing of K 2, P 2, same as front. Bind off loosely, knitting the knit stitches and purling the purled stitches.						

	Size 4	Size 6	Size 8	Size 10	Size 12	
Sleeves						
Pick up around armhole and knit	60	60	64	64	64	stitches
Knit even in stockinette stitch (garter stitch border as at underarm.)						
decreasing at both ends of row every	$\frac{3}{4}$	$\frac{3}{4}$	1	1	1	inch
by knitting together 3d and 4th stitches from each end	12	12	12	12	12	times
There should be in last row	36	36	40	40	40	stitches
Knit plain in stockinette stitch until sleeve measures	10	11	12	13 $\frac{1}{2}$	15	inches
Take off any extra stitches in last row before starting cuff.						
Work in ribbing of knit 2, purl 2, for two inches.						
Bind off loosely, knitting the knit stitches and purling the purlled stitches.						
Armhole should measure when finished	8	8 $\frac{1}{2}$	10	11	12	inches

Neck

Pick up stitches around neck as follows: 30 stitches from back, 13 from each shoulder and 20 stitches from front of neck. Work in ribbing of knit 2, purl 2, for $\frac{3}{4}$ inch. Bind off very loosely. Neck should measure 20 inches around when finished.

Join sleeve and underarm seams.

Block by using damp cloth and warm iron.

Chapter Label—should be sewed inside the back at top of sweater. Either indicate size on label or add tag showing size.

Directions for Folding and Bundling: Straighten sweater on table, fold sleeves inward fold and tie *carefully* in bundles of five. Each bundle should be marked, indicating the number of garments of each size.

Do not start another garment with left-over yarn.

Please return all unused yarn.



ARC 400-24
Rev. Jan. 1942
Code AF-51



GLOVES

(For Service Men)

Equipment Needed:

Yarn—4-oz. 4/8 sweater yarn, dark Navy blue, or olive drab.

Needles—Four double-pointed needles to fit Red Cross Needle Gauge for socks. Gauges available from Area Offices.

Scale:

Six stitches to the inch, 8 rows to the inch. Make a sample to find out how many stitches are required for you to knit an inch. If your scale is not that given here, try a smaller or larger needle until you obtain this scale. If you have to use a different size needle from that called for above, it will not in any way alter the garment provided you knit 6 stitches to the inch and 8 rows to the inch.

Measurements: 5" across hand. 10½" from bottom to tip of third finger.

INSTRUCTIONS FOR MAKING

RIGHT HAND GLOVE: Cast on 56 stitches, 20 on each of two needles and 16 on the third. Knit 2, purl 2 for 3 inches, increasing one stitch on first and last stitches of third needle in the last round. Proceed as follows:

1st round: P 1, K 5, P 1, knit plain to the end of the round. Repeat this round twice. (The purled stitches mark gusset for thumb.)

4th round: P 1, increase once in the next stitch, K 3, increase once in the next stitch, P 1, knit plain to end of round.

5th round: P 1, K 7, P 1, knit plain to end of the round. Repeat this round 4 times.

16th round: Increase 2 sts. between the 2 purled sts. in this and every 6th round following until there are 13 sts. between the purled stitches. Work 6 rounds without increasing, casting on 3 sts. at the end of the last round.

In the next round slip the first 15 sts. on to a thread or stitch holder for the thumb, continue the round in plain knitting. Work 13 rounds without shaping.

NOTE: In casting on stitches at the base of the fingers in the following directions, be sure to pull your thread lightly so as to avoid forming holes. Any holes which do appear should be darned.

1st FINGER: Knit the first 5 sts., slip all but the last 11 sts. on to a thread or stitch holder, cast on 2 sts. and knit the last 11 sts. Divide these 18 sts. evenly on three needles. Work 26 rounds in plain knitting.

27th round: K 2 tog. 9 times. Break off wool. Run the end through the remaining stitches, draw up tightly and darn in securely on wrong side.

2nd FINGER: Knit the next 7 sts. of the round, cast on 2 sts., knit the last 7 sts. of the round, and knit up the 3 sts. at the base of 1st Finger. Divide these 19 sts. on three needles. Work 30 rounds in plain knitting.

31st round: K 2 tog. 9 times, K 1. Finish off as given for 1st Finger.

3rd FINGER: Knit the next 7 sts. of the round, cast on 2 sts., knit the last 7 sts. of the round and knit up 2 sts. at the base of the 2nd Finger. Divide these 18 sts. evenly on three needles. Continue and finish off as given for 1st Finger.

4th FINGER: Knit the remaining stitches and knit up 4 sts. at the base of the 3rd Finger. Divide these 14 sts. on to three needles. Work 19 rounds in plain knitting.

20th round: K 2 tog. 7 times. Finish off as given for the 1st Finger.

THE THUMB: Knit the 15 sts. which were left for the thumb and knit up 4 sts. from the opening. Divide these sts. on three needles. Work 21 rounds in plain knitting.

22nd round: K 2 tog. 9 times, K 1. Finish off as given for 1st Finger.

Weave in on the wrong side a portion of the thread left hanging at the base of each finger and thumb. Also weave in thread left hanging when stitches were cast on to start the glove.

LEFT HAND GLOVE: Work as given for Right Hand Glove until fingers are reached.

1st FINGER: Knit the first 11 sts., slip all but the last 5 on to a thread, cast on 2 sts. and knit the last 5 sts.

Work the remainder of the glove as given for the Right Hand Glove, but commencing at the back to knit up stitches for the fingers.

With a damp cloth and hot iron press carefully.

Chapter Label should be sewed inside one of the gloves at wrist.

Fasten gloves together to form a pair.

Do not start another pair of gloves with left over yarn.

Please return all unused yarn to Chapter.

THE AMERICAN NATIONAL RED CROSS
Washington, D. C.

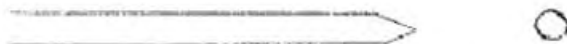


MUFFLER

Equipment Needed: Yarn 4/10, about one pound, any color not too bright.
Needles - Use two needles to fit the Red Cross gauge for muffers, etc.

Scale: 11 stitches to two inches, 13 rows to two inches. Make a sample to determine whether or not your scale is the same as that given. If not, adjust the knitting directions to your own knitting by casting on fewer or more stitches, depending on whether you knit loosely or tightly. The sample of your knitting is also necessary because the yarn may vary slightly, making adjustments necessary in the number of stitches cast on.

Needle Diagram:



INSTRUCTIONS FOR MAKING

Cast on 66 stitches
to make full 11 inches in width.
K 2, P 2 for 2 inches
Knit plain for 66 inches
K 2, P 2 for 2 inches

Bind off loosely, knitting the knit stitches and purling the purl stitches.

Chapter Label: Should be sewed in one corner.

DIRECTIONS FOR FOLDING AND BUNDLING

Fold in half 5 times
Tie securely in packages of five.

THE AMERICAN NATIONAL RED CROSS

WASHINGTON, D. C.

MAN'S SOCK

Equipment Needed: 4 ozs. 4/14 sock yarn of suitable color.

Needles: Four needles to fit the Red Cross needle gauge for socks. Gauges available from area offices.

Scale: 7 stitches to the inch, 9 rows to the inch. Make a sample to find out how many stitches are required for you to knit an inch. If your scale is not that given here, try a smaller or larger needle until you obtain this scale. If you have to use a different size needle from that called for above, it will not in any way alter the garment provided you knit 7 stitches to the inch and 9 rows to the inch.

When knitting the second sock of a pair, always count the rows of the first sock to insure uniform size when finished. These knitting directions are given as a guide. Other simple sock directions may be used as long as the garment is the proper size and of correct proportions.

INSTRUCTIONS FOR MAKING

The sock when finished should measure: foot, $10\frac{1}{2}$, 11, or $11\frac{1}{2}$ inches; leg, 14 inches.

On 3 needles and with a double thread cast on loosely 60 sts., having 20 on each of 3 needles. Join, being careful not to twist sts. Work with double thread for first row only. This helps to prevent fraying.

Work in ribbing of knit 2, purl 2 for 3 inches.

Work in plain knitting for the next 8 inches.

Heel: Divide sts. as follows: 30 on 1st needle (for heel) and 15 sts. each on 2nd and 3rd needles. On heel needle always slip first stitch. * Knit 1 row. Turn. Slip 1, purl 1, slip 1, purl 1, to end of row. Repeat from * until there are 27 rows (3 inches).

To Turn Heel: Begin to turn heel on wrong side.

Slip 1, P 16, P 2 together, P 1, turn.

Slip 1, K 5, Slip 1, K 1, pass slipped st. over K st., K 1, turn.

Slip 1, P 6, P 2 together, P 1, turn.

Slip 1, K 7, Slip 1, K 1, pass slipped st. over K st., K 1, turn.

Slip 1, P 8, P 2 together, P 1, turn.

Slip 1, K 9, Slip 1, K 1, pass slipped st. over K st., K 1, turn.

Continue in this fashion (P 10, K 11, P 12, K 13, P 14, etc.) until there are 18 stitches on needle.

Gusset: (With right side of garment on the outside and working to the left.)

Knit up 13 stitches on side of heel. (This gives 31 sts. on 1st

K stitches of 2nd and 3rd needles on to one needle. (2nd needle)
Knit up 13 stitches on other side of heel, and knit 9 stitches from
1st needle. (3rd needle)

There are now on: 1st needle, 22 sts.
2nd needle, 30 sts.
3rd needle, 22 sts.

1st needle. (a) K to within 3 sts. of end, K 2 together, K 1.
2nd needle. (b) K plain.
3rd needle. (c) K 1, slip 1, K 1, pass slipped st. over K st., K
to end.
(d) K around plain.

Repeat a, b, c, d, until you have: 15 stitches on 1st needle, 30
stitches on 2nd needle, 15 stitches on 3rd needle.

Knit plain until foot measures 8, 8½, or 9 inches from back of
heel.

Kitchener Toe:

1st needle. (e) K to within 3 sts. of end, K 2 together, K 1.
2nd needle. (f) K 1, slip 1, K 1, pass slipped st. over K st., K to
within 3 sts. of end, K 2 together, K 1.
3rd needle. (g) K 1, slip 1, K 1, pass slipped st. over K st., K
to end.
(h) K 2 rows plain.

Repeat e, f, g, h, three times (making 4 times in all).

Then narrow every other row 5 times.

K the stitches on your 1st needle onto your 3rd needle.

Break yarn (leaving 12-inch length): thread into worsted needle

Hold sock so that the worsted needle is at your right and, al-
ways keeping yarn under knitting needles, weave front and
back together as follows: * pass worsted needle through 1st
stitch of front knitting needle as if knitting, and slip stitch
off the knitting needle.

Pass through 2nd st. as if purling—leave st. on.

Pass through 1st st. of back needle as if purling—slip st. off.

Pass through 2nd st. of back needle as if knitting—leave st. on.

Repeat from * until all stitches are off needles.

To avoid ridge across end of toe, weave end of yarn down side.

Chapter Label should be sewed loosely on inside of top of one sock.

Finished Socks: Tie loosely together in pairs at top of leg in such
a way that the hand can be inserted for inspection.

If the sock is thin at point of gusset, reinforce by darning on
wrong side very lightly with split thread of yarn.

Attach two or three yards of the yarn for darning purposes.

Size of Socks should be marked either on Chapter label or on a
separate tag.

Do not press ribbing.

Do not start another pair with left-over yarn.

Please return all unused yarn to Chapter.

THE AMERICAN NATIONAL RED CROSS
Washington, D. C.



MAN'S "V" NECK SWEATER SLEEVELESS

U. S. Army, Air Corps, and Marine Corps

Equipment Needed:

Yarn: 10-12 ozs. 4/8 sweater yarn, olive drab.

Needles: 2 single-pointed needles to fit the Red Cross Needle Gauge for heavy sweaters. Gauges available from your Area Office. Needles slightly smaller may be used for the ribbing.

Scale:

5 stitches to the inch, 6 rows to the inch. Make a sample to find out how many stitches are required for you to knit an inch. If your scale is not that given here, try a smaller or larger needle until you obtain this scale. If you have to use a different size needle from that called for above, it will not in any way alter the garment provided you knit 5 stitches to the inch and 6 rows to the inch.

Measurements:

Length Shoulder to Bottom—23½ inches. Small: Chest 32-34.
 " " " " 24½ " Medium: Chest 35-37.
 " " " " 25½ " Large: Chest 38-40.

This garment is worked up the back and down the front with no shoulder shaping.

INSTRUCTIONS FOR MAKING

Body Back:

	Small	Medium	Large
Cast on	80	88	96 stitches
Work in ribbing of Knit 2, Purl 2 for	4	4	4 inches
Work in stockinette stitch (Knit and Purl alternate rows) for	10	11	12 inches
with the exception of the first and last 2 stitches which should be knit (garter stitch) to make a neat underarm seam. End with a knit row.			

To Shape Armholes:

Bind off 3 stitches at the beginning of next two rows.

Next:

- 1st row: K 5, P to last 5 stitches, K 5.
- 2nd row: Knit entire row.
- 3rd row: Same as 1st row.
- 4th row: K 5, K 2 together, K to last 7 stitches, K 2 together, K 5.

Repeat these 4 rows twice. There should now be 68 76 84 stitches on needle.

Keeping garter stitch border at armhole edges (by knitting first and last 5 stitches in each row), work in stockinette stitch until armhole measures

8 8 8 inches

from first shaping. End with a knit row.

Next:

A: Knit 5, Purl	12	16	18 stitches
Knit	34	36	38 stitches
Purl	12	16	18 stitches
Knit 5.			

B: Knit entire row.

Repeat A and B for 1 inch, ending with A row.

Knit

22 25 28 stitches

and put on stitch holder. Bind off

24 26 28 stitches

for back of neck. Knit

22 25 28 stitches

Next row: Knit 5, Purl to last 5 stitches, Knit 5.

- 1st row: Knit entire row.
- 2nd row: Knit 5, Purl to last 5 stitches, Knit 5.

Repeat these two rows three times.

To Shape Neck:

- 1st row: K 5, increase by knitting front and back of next stitch, K to end of row.
- 2nd row: K 5, P to last 5 stitches, K 5.
- 3rd row: Knit entire row.
- 4th row: Same as 2nd row.
- 5th row: Same as 1st row.
- 6th row: K 5, P to last 5 stitches, K 5.

Increase alternately every fourth and second rows in the above manner until there are . . . 34 38 42 stitches on needle, ending with a purl row. Break wool and put these stitches on a stitch holder.

Slip stitches from stitch holder to needle for other shoulder. Join wool at neck edge. Knit 5, Purl to last 5 stitches, Knit 5.

Repeat directions for "Shoulder" above. Work down neck shaping as on first side, making increases, however, on 7th stitch from neck edge, rather than 6th as before.

There should now be . . . 34 38 42 stitches on needle. Do not break wool.

Next:

- 1st row: Knit . . . 34 38 42 stitches
- Tie wool to end from first shoulder and knit the . . . 34 38 42 stitches
- from the stitch holder.
- 2nd row: Knit 5, Purl . . . 24 28 32 stitches
- Knit 10, (for center front finishing) Purl . . . 24 28 32 stitches
- Knit 5.

Continue to knit the center 10 stitches in this manner on the next three purl rows in order to finish neck neatly at center front.

Measure front against back armhole edge, allowing one inch for shoulder (1/2" each for front and back at top). If work on front has now reached the point of last decrease in back, which is 12 rows (or 6 ridges in border) above the 3 bound off stitches at underarm, proceed with next step. Otherwise work in stockinette stitch until this point is reached before proceeding.

On next knit row increase two stitches by knitting front and back of 6th stitch from each end of row. Work a purl row, a knit row, and another purl row even. Repeat these four rows twice.

Cast on 3 stitches at the beginning of the next two rows. There should now be . . . 80 88 96 stitches on needle.

Body Front:

Knit in stockinette stitch with the exception of the first and last 2 stitches which should be knit garter stitch for . . . 10 11 12 inches

Knit 2, Purl 2 for . . . 4 4 4 inches

Bind off loosely, knitting the knit and purling the purl stitches. Sew up side seams using an overcast stitch.

Chapter Label should be sewed inside at back of neck.

Do not start another garment with left-over yarn. Please return all unused yarn to Chapter.



WATCH CAP

(U. S. Navy)

Equipment Needed:

Yarn—4 ozs. 4/8 sweater yarn, DARK NAVY BLUE.

Needles—4 needles to fit Red Cross Needle Gauge for socks, babies' knitted wear, etc. Gauges available from Area Offices.

INSTRUCTIONS FOR MAKING

Cast on 140 sts. and proceed as follows:

1st row: K 1, P 1.

2nd row: P 1, K 1.

Repeat these two rows twice, making a total of 6 rows.

Put stitches on three needles, 46 sts. on the first two, and 48 sts. on the third. K 1, P 1 in rounds for 12 inches.

Knit plain without ribbing for 1 inch.

Break thread leaving about 12 inches, and draw thread through all stitches. Gather as tightly as possible, then sew firmly together to entirely close opening and make a pleated effect, first sewing together in one direction, and then in the opposite direction, etc.

Press with a damp cloth and warm iron.

Sew together strip at border.

Chapter Label should be sewn on inside edge at back.

Do not start another cap with left-over yarn.

Please return all unused yarn to Chapter.

THE AMERICAN NATIONAL RED CROSS

Washington, D. C.